

# MEDIslim

## FACT SHEET

**The first appetite suppressant that dissolves quickly under or on the tongue or in the cheek, providing rapid action in reducing appetite**

**Indication:** Weight loss

**How it works:** 5-hydroxytryptophan (5-HTP) is a pure substance normally found in the body. 5-HTP is the protein used by the body to make serotonin, one of the chemicals which promote normal brain function. Stress and poor diet can lower serotonin levels in the brain resulting in food sugar cravings that can lead to binge eating and obesity. 5-HTP reduces appetite and hunger urges by stimulating serotonin production in the brain and thus helps in weight loss when partnered with appropriate diet and exercise program.

**Instructions for use:** Take one strip 30 minutes before a meal or snack. Place the strip under or on the tongue or in the cheek and allow to dissolve in the mouth. If the strip is swallowed, it should not cause any untoward effects but do not use another strip until the time for the next usage. MEDIslim can be used up to a total of 5 times a day to control appetite.

**Active ingredients:** 5-hydroxytryptophan, highly purified from Griffonia plant seeds.

**Onset of action:** Appetite suppression starts with the first dose and may increase over time. Weight loss varies between individuals and most probably will be gradual (which is the sensible way to lose weight and keep it off) so a consistent program of Medislim should be considered when evaluating weight loss. MEDIslim should be combined with an appropriate diet and exercise program.

**Safety:** All the ingredients are natural with long term safety profiles. When used as directed, 5-HTP has a long history of safety as reported in the medical literature. No eosinophilic myalgia syndrome has been reported with the use 5-HTP.

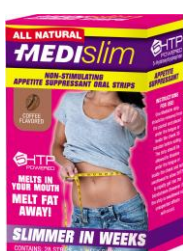
**Manufactured:** In the United States under Good Manufacturing Practices (GMP).

**Use in children, pregnancy:** MEDIslim should not be taken for those under 16 years of age or during pregnancy or lactating.

**Drug interactions:** Not to be taken with anti-depressants or anti-psychotic drugs. Users who are under the care of physician, or taking other drugs, should consult their physician before starting the use of MEDIslim.

**Possible side effects:** Mild nausea and on occasion vomiting, in a small number of people may be seen. Nausea should remit upon continued use.

**Flavors:** Mint & coffee. Sweetened with sucralose, a non-sugar, natural sweetener.



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